

# **UKSSSC AI Sports Officer Syllabus 2017 Free Download**

## **UKSSSC General Theory and Sports Training Syllabus 2017**

- Motor Abilities
- Talent Identification and its Development
- Training Means Methods
- Sports Performance
- Periodization
- Planning and monitoring the Sports Training

## **UKSSSC Sports Physiology Syllabus 2017**

- Energy Metabolism
- CardioVascular Systems
- Introduction to Sports Physiology
- Sports Anthropometry
- Nutrition and Physical performance

## **UKSSSC Assistant Instructor Sports Psychology Syllabus 2017**

- The motivation of sports
- Emotional Process and sports performance
- Introduction to Sports Psychology
- Physiological preparations in sports
- Physiological issues of optimizing the behavior and performance

## **UKSSSC Deputy Sports Officer Sports Management Syllabus**

- The function of sports
- Budget
- Quality Management
- Maintenance and security
- Nature and significance
- Concepts of crimes of control

### **English:**

- Synonyms/ Homonyms.
- Spellings.
- Grammar.
- Fill in the blanks.
- Antonyms.
- Vocabulary.
- Spot the error.

- Clauses.
- Sentence structure.
- Adjectives.

## **Hindi:**

- लोकोक्तियां एवं मुहावरे.
- अलंका.
- संधियां.
- अनेकार्थी शब्द.
- विलोम.
- रस.
- पर्यायवाची.
- तत्सम एवं तद्भव.
- वाक्यांशों के लिये एक शब्द निर्माण.
- वाक्यसंशोधन- लिंग, वचन, कारक, काल, वर्तनी, त्रुटि से संबंधित.
- समास.

## **General Intelligence**

- Countries and capitals.
- About India and it's neighboring countries.
- Scientific observations.
- National news (current).
- History of India.
- Economic issues in India.
- International issues.
- Indian Culture.
- Political Science.
- Geography of India.
- National and international current affairs.
- New inventions.
- Constitution of India.